

## Where To Download Nols Winter Camping Pdf Free Copy

NOLS Winter Camping Allen & Mike's Really Cool Backcountry Ski Book, Revised and Even Better! NOLS Expedition Planning The Winter Camping Handbook: Wilderness Travel & Adventure in the Cold-Weather Months [The Complete Guide to Winter Camping](#) NOLS Cookery Ultralight Winter Travel [Surviving Cold Weather](#) Allen & Mike's Really Cool Telemark Tips, Revised and Even Better! [NOLS Wilderness Medicine Lighten Up!](#) Allen & Mike's Really Cool Backpackin' Book Dirty Gourmet Backpacker Winter Camping Skills Winter Camping Allen & Mike's Avalanche Book NOLS Games NOLS Wilderness Wisdom [Basic Illustrated Winter Hiking and Camping](#) Wilderness Navigation Paracord Projects for Camping and Outdoor Survival Camping and Woodcraft [Morrow Guide to Knot](#) Ultralight Backpackin' Tips S'mores! NOLS Wilderness Medicine Basic Illustrated Alpine Ski Touring NOLS Wilderness Navigation [Be Expert With Map and Compass](#) Mountaineering: Freedom of the Hills [Snow Travel Hiking the Wonderland Trail](#) [The Ultimate Guide to Whitewater Rafting and River Camping](#) NOLS Soft Paths Ski Tips for Kids Backpacker NOLS Canoeing The Backpacker's Field Manual The Stay Alive Guide Knack Knots You Need

If you ally habit such a referred Nols Winter Camping books that will pay for you worth, acquire the agreed best seller from us currently from several preferred authors. If you desire to humorous books, lots of novels, tale, jokes, and more fictions collections are moreover launched, from best seller to one of the most current released.

You may not be perplexed to enjoy all book collections Nols Winter Camping that we will agreed offer. It is not all but the costs. Its nearly what you obsession currently. This Nols Winter Camping, as one of the most in action sellers here will categorically be in the midst of the best options to review.

Allen & Mike's Really Cool Backpackin' Book Nov 20 2021 The dynamic duo has done it again! Following up on the incredible success of their two previous bestsellers, Allen and Mike's Really Cool Backcountry Ski Book and Really Cool Telemark Tips, these two National Outdoor Leadership School (NOLS) instructors and hardcore backcountry fanatics once again combine their years of experience into a hilarious and vastly informative book on the art of backpacking. Fans know how Allen O'Bannon and Mike Clelland play off each other to provide a one-two punch that makes readers laugh and learn at the same time. Beginning backpackers will cherish the advice, and experts who think they know it all are guaranteed to pick up a few tricks from this book -- while the entertainment value alone is worth the price. From day-hiking to extended expeditions, this book covers the whole spectrum of backpacking adventrue and is certain to become a classic of the genre. Allen O'Bannon is a senior NOLS instructor who writes books to support his ski habit. Mike Clelland! is a NOLS instructor and illustrator who studied Mad magazine rather than go to art school. When not teaching NOLS classes, they live in Idaho, in the shadow of the Tetons.

S'mores! Oct 08 2020 Putting the more in s ' mores! While contemplating a traditional s ' more, mad genius Dan Whalen, the recipe creator behind Tots!, asked a tasty question: What would happen if you kept the essential s ' mores architecture—three layers of gooey, melty, and crunchy—but changed it up? The result? More than 50 playful, irresistible recipes that completely challenge the definition of a s ' more. Riffs range from classic—Salted Caramel S ' mores, Nutella S ' mores, and Lemon Meringue S ' mores—to crazy. Think Avocado S ' mores, S ' moresburgers, and the Elvis—bacon, banana, and peanut butter nirvana. Enjoy your s ' mores all year long! Every recipe is designed to be made in the broiler as well as over a campfire.

NOLS Canoeing Sep 26 2019 Planning and outfitting, including what you'll need on the water and in camp for long or short trips Using lines, basic strokes, basic maneuvers, and drills, rigging, loading and unloading, carrying and moving Covers techniques for whitewater and open water travel, navigation, and canoeing in ice Full-color photos and trustworthy text from the experts in outdoor education

[The Complete Guide to Winter Camping](#) Jun 27 2022 The Happy Camper is back! This time Kevin Callan is equipping campers with all they need to know about how to have fun in the great winter outdoors. Complete Guide to Winter Camping is the only book on the market that will educate readers on both hot tenting and cold tenting. Cold tenting -- without a heat source -- has been long considered the only way to winter camp. But Kevin Callan says that "hot tenting," or camping with a small stove in the tent, is a safe and fun way to camp in the winter elements. You're careful -- and you're warm! Complete Guide to Winter Camping covers nearly every aspect of snow and ice fun and safety. Advice on setting up shelter to choosing a sleep system and warm clothing, gives readers the knowledge to outfit themselves properly to enjoy winter. And with

chapters on how to track animals, check ice thickness, operate a snowmobile and catch a fish while ice fishing, the Happy Camper ensures you'll have a good time once you're all bundled up! Complete with photos and expert advice from other seasoned winter campers and explorers, this book will appeal equally to car-camping families and adventurous individuals looking to extend their outdoors activities into another season.

Basic Illustrated Alpine Ski Touring Aug 06 2020 Basic Illustrated Alpine Ski Touring has everything one needs to participate in this growing and exciting activity. Written by expert Molly Abolson, this book provides information on gear, skills, and preparation so that beginners and intermediate participants alike can enjoy this emerging sport with confidence.

Allen & Mike's Avalanche Book Jul 17 2021 With more and more people heading into the winter backcountry on skis, snowshoes, and snowmobiles, avalanche safety is of paramount importance. Allen & Mike's Really Cool Avalanche Safety Book distills the sometimes overly technical information of snow science into a user-friendly format with helpful illustrations and easy-to-understand text. With years of experience as NOLS instructors to draw on, Allen O'Bannon and Mike Clelland team up to give winter recreationists the information they need to stay safe in the backcountry, including how to prepare for your trip, proper equipment and how to use it, snowpack assessment, choosing safe travel routes, decision making, and rescue scenarios. Written for both aspiring winter backcountry travelers and experts alike, this book is a must-read for anybody who loves to experience the solitude and beauty of the snowy mountains.

Camping and Woodcraft Jan 11 2021

NOLS Wilderness Wisdom May 15 2021 More than 1,000 quotes from close to 600 sources in categories ranging from leadership to diversity and inclusion to environmental ethics to expedition planning.

Morrow Guide to Knot Dec 10 2020 Here is an entirely different kind of knot book! For the first time, here are step-by-step instructions that take full advantage of color photography to teach the art of tying knots. Unlike illustrations in other books, these pictures show every step looking over the shoulder of the tier -- the way you see the knot as you make it. And when two or more ropes are involved, they are color coded so you can clearly tell them apart. Included in addition are a section on decorative knots, a cross-reference list of the many applications of knots, and a detailed glossary. The Morrow Guide to Knots is a reliable and essential reference tool for all sportsmen and campers, homeowners, and youngsters as well.

Paracord Projects for Camping and Outdoor Survival Feb 09 2021 Whether you're camping, hiking, or simply on a walk, cordage is one of the most useful and important items a person can have. Not only is it crucial to have close by, but it's also a lot of fun to discover the endless possibilities! From the same author who wrote the Victorinox Swiss Army Knife Camping & Outdoor Survival Guide, Bryan Lynch teaches readers the basics of survival, 7 ways to carry paracord, and over 60 functional uses, from creating fire, collecting water, and repairing gear to keeping clean, navigating the area, making tools, and more! Learn the history of how paracord is made, what it was originally used for in the military, why it's so popular and useful, and why you'll always want to have it on you. Trust us, you'll want to know!

NOLS Cookery May 27 2022 An update to the classic guide to backcountry cooking.

Lighten Up! Dec 22 2021 Short, to-the-point, and humorously illustrated by famed outdoor illustrator Mike Clelland, this book presents everything hikers and backpackers need to be safe, comfortable, and well fed while carrying a very small and lightweight pack.

Be Expert With Map and Compass Jun 03 2020 Many of the earliest books, particularly those dating back to the 1900s and before, are now extremely scarce and increasingly expensive. We are republishing these classic works in affordable, high quality, modern editions, using the original text and artwork.

Ultralight Backpackin' Tips Nov 08 2020 Walking into the wilderness with a pack on your back is an empowering experience—all the more so when that pack on your back isn't weighing you down. That's where this book comes in. Outdoors expert and celebrated illustrator Mike Clelland offers advanced techniques on how to pack light without sacrificing the essentials or your safety yet staying well fed and comfortable. Written in the tradition of the successful Allen & Mike's Really Cool Telemark Tips, with 153 trail-tested tips full of solid advice, as well as more than 100 humorous and helpful illustrations, Ultralight Backpackin' Tips is the ultimate guide for backpackers serious about traveling ultralight. Just a few of the top ten tips expounded upon in the book: \* Use a scale. \* Comfortable and safe are vital! \* Make your own stuff, and making it out of trash is always the best! \* It's okay to be nerdy. \* Try something new each and every time you go camping. \* Know the difference between wants and needs.

The Backpacker's Field Manual Aug 25 2019 The director of Princeton University Outdoor Action, one of the country's most respected outdoor programs, offers a comprehensive guide to skills, equipment, and trip planning for backpackers of all levels. Original. 20,000 first printing.

NOLS Games Jun 15 2021 Playing games while on courses is a part of the NOLS life, and course leaders are great resources for games that work—those that are popular and are used year after year. This book contains 100 tried-and-true, field-tested games collected from and vetted by NOLS instructors: getting-to-know-you games, name games, team games for encouraging cooperation and leadership, games on the trail and in the water, and brain/creative/word games.

Hiking the Wonderland Trail Mar 01 2020 [CLICK HERE](#) to download the chapter on "Backpacking" from Hiking the

Wonderland Trail "There's no other trip, trail or peak that any backpacker should rank higher on his life list than the Wonderland Trail." - Backpacker magazine \* Comprehensive and affectionate guide to one of the nation ' s iconic wilderness trails \* Everything you need to help plan this 93-mile trek, whether done in one trip or several \* Lavish, full-color design, yet informative and practical, with 125 photographs and 18 maps \* Find even more details, updates and added trip extensions at [hikingthewonderlandtrail.com](http://hikingthewonderlandtrail.com) Washington State's famed Wonderland Trail is a spectacular 93-mile route that circumnavigates Mount Rainier, challenging hikers with its strenuous 22,000 feet of cumulative elevation gain and loss. Hiking the Wonderland Trail: The Complete Guide to Mount Rainier's Premier Trail is an authoritative guidebook penned by Washington native Tami Asars, a professional instructor on hiking the trail, a third-generation hiker of the Cascade mountains, and seven-time hiker of the entire Wonderland Trail. In this guide Asars draws on her experience, covering these essentials: \* How to work with the Wonderland Trail permit reservation system, and when to apply \* Recommended gear--with a checklist--and ways to reduce pack weight, prevent blisters, and stay warm and dry \* How to pack the perfect backpack \* Food and fuel caching on the Wonderland, tips and instruction \* Detailed camp-to-camp route descriptions and suggested itineraries \* How to extend your adventures with the Northern Loop Trail and the Eastside Trail Over the years, Asars has taken extensive notes that she shares at workshops and in the field. Hiking the Wonderland Trail distills her boot-tested knowledge so that everyone can enjoy the magic of Mount Rainier's premier trail.

Mountaineering: Freedom of the Hills May 03 2020 “ The definitive guide to mountains and climbing . . . ” —Conrad Anker For nearly 60 years it ' s been revered as the “ bible ” of mountaineering – and now it ' s even better than ever • The best-selling instructional text for new and intermediate climbers for more than half a century • New edition—fully updated techniques and all-new illustrations • Researched and written by a team of expert climbers Mountaineering: The Freedom of the Hills is the text beloved by generations of new climbers—the standard for climbing education around the world where it has been translated into 12 languages. For the all-new 9th Edition, committees composed of active climbers and climbing educators reviewed every chapter of instruction, and discussed updates with staff from the American Alpine Club (AAC), the American Institute for Avalanche Research and Education (AIARE), and the Access Fund. They also worked with professional members of the American Mountain Guides Association (AMGA), to review their work and ensure that the updated textbook includes the most current best practices for both alpine and rock climbing instruction. From gear selection to belay and repel techniques, from glacier travel to rope work, to safety, safety, and more safety—there is no more comprehensive and thoroughly vetted training manual for climbing than the standard set by Mountaineering: The Freedom of the Hills, 9th Edition. Significant updates to this edition include: • New alignment with AAC ' s nationwide universal belay standard • Expanded and more detailed avalanche safety info, including how to better understand avalanches, evaluate hazards, travel safely in avy terrain, and locate and rescue a fellow climber in an avalanche • Newly revamped chapters on clothing and camping • All-new illustrations reflecting the latest gear and techniques—created by artist John McMullen, former art director of Climbing magazine • Review of and contributions to multiple sections by AMGA-certified guides • Fresh approach to the Ten Essentials—now making the iconic list easier to recall

Allen & Mike's Really Cool Backcountry Ski Book, Revised and Even Better! Sep 30 2022 Practical advice from two NOLS instructors on all aspects of backcountry skiing and winter camping. As skiers venture farther from lift-served front country, they need to understand and avoid hazards such as avalanches and extreme cold. This book teaches skiers how to choose the right equipment, build winter shelters, stay safe, and have fun while minimizing their impact on the wilderness. Hundreds of entertaining but very practical illustrations by renowned illustrator Mike Clelland. Completely revised, updated, and even better than ever!

NOLS Soft Paths Dec 30 2019 New edition of the popular guide to low-impact camping with updated information on waste disposal, campsite selection, fire building Details on recent legislation and up-to-date research on recreational wilderness use Tailored to a variety of environments, from coastal regions to deserts Drawing on the principles of the Leave No Trace program, the expertise of the National Outdoor Leadership School, and the substantial body of research into wilderness use, Soft Paths has long been the definitive guide to low-impact outdoor activity. This new edition covers every aspect of the outdoor experience, demonstrating the frequently simple, often unexpected measures that we can take to keep the wilderness pristine. This edition also provides new information on conservation law and the public's use of wild lands, ensuring that readers can minimize impact without sacrificing their enjoyment of the outdoors.

NOLS Wilderness Navigation Jul 05 2020 The National Outdoor Leadership School's official guide to finding your way in the wilderness Covers all navigational techniques, from map and compass to GPS and gives instructions on taking bearings and planning routes on USGS maps Up-to-date information on tools, equipment, and software For wilderness travelers, good navigation ability can mean the difference between a successful day hike and an unplanned overnight stay. Based on the curriculum of the National Outdoor Leadership School, NOLS Wilderness Navigation gives you the skills you need to confidently find your way on and off the trail. Included here are methods for orienting yourself by the sun and the stars alone, easy-to-follow explanations of map and compass techniques, and advice on using an altimeter. There's also a comprehensive section on using GPS technology-without becoming dependent on it. Exercises at the end of each chapter help readers

gradually develop their skills and build their confidence.

**The Winter Camping Handbook: Wilderness Travel & Adventure in the Cold-Weather Months** Jul 29 2022 A thoroughly updated edition of the classic guide, considered the authoritative resource for winter camping Winter camping has its own special allure: the splendid quiet of a winter forest, the hush of falling snow, the thrill of gliding over ice and snow on skis. From building a snow shelter to traveling comfortably in sub-zero temperatures, *The Winter Camping Handbook* covers everything you'll need to know in order to enjoy wilderness travel and adventure in the colder months. Extremely user-friendly, the book's step-by-step approach covers everything from choosing a location to explore, selecting teammates, planning the trip, winterizing a travel vehicle, gear selection, making camp, food and nutrition, dealing with winter safety concerns, and even camping with children. Now revised and updated to include tips for using smartphones and the latest GPS navigation, this is the definitive guide to cold-weather hiking and camping.

**Knack Knots You Need** Jun 23 2019 With a full range of stoppers, bends, loops, and hitches, and extensive cross references for multi-use knots, *The Knack Book of Knots You Need* includes more than 450 photos and instructions for knots you need for Camping Boating Climbing Fishing Decorative Knots in Action gallery

**NOLS Wilderness Medicine** Sep 06 2020 One of the finest first aid books I've seen. --Mel Otten, M.D., Wilderness Medical Society • New chapters on judgment and decision-making and mental health • First-aid topics--patient assessment, shock, soft tissue injury, burns, fractures and dislocations, and chest, head, and abdominal injury • How to handle environmental problems--heat, cold, water, altitude, and poisonous plants and animals

**Ultralight Winter Travel** Apr 25 2022 The key to winter travel is knowing how to travel as light as possible. The Ultralight series is perfect for both beginner and experts alike as Justin Lichter and Shawn Forry, the first ever winter thru-hikers of the Pacific Crest Trail, use their knowledge to form the most comprehensive companion for traveling farther with less weight. *Ultralight Winter Travel* focuses on all of the skills and techniques that winter adventurers would want at their fingertips while in the outdoors. Perfect for winter travelers from beginner to advanced, this book contains: Worst-case-scenario advice you'd want handy if stuck in a precarious situation. Topics like: how to predict weather patterns, how to keep your pack light without sacrificing the essentials, how to repair or replace gear with limited materials, and how to deal with the elements when you don't have a lot of gear The book is formatted to make learning easy and user-friendly. Readers will be able to adapt their surroundings to the techniques shown in the book and safely overcome challenges that which may otherwise have turned them back.

**Basic Illustrated Winter Hiking and Camping** Apr 13 2021 Richly photographed and information-packed tools for the novice or handy reference for the veteran, BASIC ILLUSTRATED books distill years of knowledge into affordable and visual guides. Whether you're planning a trip or thumbing for facts in the field, the BASIC ILLUSTRATED series shows you what you need to know. BASIC ILLUSTRATED Winter Hiking and Camping Discover how to: Prepare for your trip Choose proper equipment Select safe and warm clothing Make snow shelters and set up tents on snow Cook delicious winter cuisine Stay safe in the snowy backcountry Make a winter camping repair kit

**Backpacker** Oct 27 2019 Backpacker brings the outdoors straight to the reader's doorstep, inspiring and enabling them to go more places and enjoy nature more often. The authority on active adventure, Backpacker is the world's first GPS-enabled magazine, and the only magazine whose editors personally test the hiking trails, camping gear, and survival tips they publish. Backpacker's Editors' Choice Awards, an industry honor recognizing design, feature and product innovation, has become the gold standard against which all other outdoor-industry awards are measured.

**Wilderness Navigation** Mar 13 2021 \* GPS chapter completely updated to reflect newer models and features of GPS receivers now available \* Expanded to include a section on routefinding on glaciers, along with additional information on changing declination \* Extensive illustrated examples of orientation and wilderness navigation Proceed with confidence when heading off-road or off-trail with the second edition of *Wilderness Navigation*. Whether you are climbing a glacier, orienteering in the backcountry, or on an easy day hike, Mike and Bob Burns cover all the latest technology and time-tested methods to help you learn to navigate--from how to read a map to compasses and geomagnetism. Bob Burns is a long-time member of The Mountaineers. He has taught classes in the use of map and compass since the late 1970s. Mike Burns is an avid climber. He has instructed climbing and navigation classes, and written articles for *Climbing* magazine. Part of the *The Mountaineers Outdoor Basics* series! Created for beginning-to-intermediate enthusiasts, this series includes everything anyone would need to know about staying safe and having fun in the backcountry.

**Ski Tips for Kids** Nov 28 2019 This little book breaks down the basics of teaching kids to ski into hilarious, eye-catching cartoons that will have your little one With easy-to-understand text geared toward parents who are teaching their kids to ski, and hilarious instructive cartoons the kids will love, this is a book that families can enjoy together as they plan their next ski outing. Reading level: Ages 4-10.

**NOLS Expedition Planning** Aug 30 2022 • The guide for planning a successful trip, short or long • Research access to public land, domestic and international • Create a budget and find additional funding • Choose essential gear, with checklists for personal and group gear • Plan food and fuel requirements • How to prepare mentally and physically •

Health issues, including insurance, illnesses, and injuries • Transportation and lodging • How to deal with risks in the wilderness • Leave No Trace principles for sustainable travel

[Snow Travel](#) Apr 01 2020 [CLICK HERE](#) to download the chapter on "Ascending" from Snow Travel (Provide us with a little information and we'll send your download directly to your inbox) \* A must-have guide for those extending their hiking season during spring and fall months, looking for additional information on safe snow hiking \* Features 50 black & white photos and 15 illustrations \* An easy-to-use guide for safe travel over snow for all outdoor recreationists Knowing how to travel on snow is an essential skill for many hikers, climbers, peak baggers, and skiers/snowboarders. Snow Travel: Skills for Climbing, Hiking, and Moving Across Snow (Mountaineers Outdoor Experts Series) is a comprehensive how-to book covering all the essential techniques for kicking steps, using crampons, and using an ice ax for going up, traversing, resting, and descending snow. Author Mike Zawaski, a longtime climber and instructor with the Colorado Outward Bound School brings a whole new level of detail to the art and skill of kicking steps and using your ice ax to help you travel safely and efficiently on snow. You will find detailed descriptions of techniques not found together in other books including: climbing over a lip, the decision-making process, how to choose a route, snow hazards, putting on and removing skis on a steep slope, self-arresting with ski poles, and much more.

[NOLS Wilderness Medicine](#) Jan 23 2022 The seventh edition of the bestselling NOLS Wilderness Medicine includes all the key first-aid information that made previous editions so valuable, now updated throughout with the latest medical recommendations. This guide is used in NOLS and WMI courses to train outdoor leaders to prevent, recognize, and treat common medical problems and to stabilize severely ill or injured patients for evacuation. A vital resource for outdoor enthusiasts, this book covers fundamental topics in first aid from the unique perspective of the National Outdoor Leadership School. First-aid topics include patient assessments, shock, soft tissue injury, burns, fractures and dislocations, and chest, head, and abdominal injury. Learn how to handle common environmental problems—heat, cold, water, altitude, and poisonous plants and animals. Vital material is presented in an easy-to-use reference format to save valuable time in an emergency.

[NOLS Winter Camping](#) Nov 01 2022 The National Outdoor Leadership School's official guide to camping in extreme cold. Comprehensive coverage of winter clothing and gear. Proven techniques for traveling efficiently and safely across snow and ice and complete directions for building igloos and many other snow shelters.

[Backpacker Winter Camping Skills](#) Sep 18 2021 A short, highly illustrated, pocket-size how-to guide to the sport of winter camping, published under the imprimatur of "Backpacker" magazine. The book covers gear, safety, weather concerns, necessary skills, and more.

[The Ultimate Guide to Whitewater Rafting and River Camping](#) Jan 29 2020 Winner of the 2018 National Outdoor Book Award for Best Instructional Book! The Ultimate Guide to Whitewater Rafting and River Camping introduces new rafters to the skills, equipment, and knowledge required to mount a multiday whitewater rafting trip. Rafting equipment, skills, and techniques have changed drastically in recent years, and this book provides the latest information on equipment selection, care, repair, and use; whitewater rafting techniques; reading rivers; hazard evaluation and basic rescue; camping techniques; river cooking and living; and expedition planning. Written in a clear and comprehensive manner by outdoor educator and whitewater veteran Molly Absolon, The Ultimate Guide to Whitewater Rafting and River Camping is a great tool for novices and an excellent resource for experienced rafters.

[Allen & Mike's Really Cool Telemark Tips, Revised and Even Better!](#) Feb 21 2022 Following up on the phenomenal success of their backcountry ski and backpacking books, Allen O'Bannon and Mike Clelland here provide a thoroughly revised and updated edition of their likewise popular Allen & Mike's Really Cool Telemark Tips, which first appeared in 1998. For anyone who's ever yearned to master the subtleties of the telemark turn, this book includes more than 120 clear, concise telemark tips complemented by often hilarious and always helpful illustrations. For beginners and experts alike, it is a must for tele-skiers who really want to shred. In the decade since the original publication of Allen & Mike's Really Cool Telemark Tips, telemark skiing has evolved enormously. It's entered a modern era, and this new edition reflects the new gear, the new teaching, and the new style of tele-skiing.

[Winter Camping](#) Aug 18 2021 From building a snow shelter to starting a stove in sub-zero temperatures here is essential information for safe adventure in the winter months

[Surviving Cold Weather](#) Mar 25 2022 The National Safety Council presents the fact sheet "Surviving the Cold Weather." The fact sheet provides advice on how to avoid frostbite and hypothermia during the cold weather. The council notes how to dress, as well as the symptoms and treatments for frostbite and hypothermia.

[The Stay Alive Guide](#) Jul 25 2019 First aid & survival for those who want to stay alive!

[Dirty Gourmet](#) Oct 20 2021 [DOWNLOAD THREE FREE SAMPLE RECIPES FROM DIRTY GOURMET](#) More than 120 deliciously modern recipes for day trips, car camping, and backcountry adventures Offers a fun and easy approach to planning and prepping camp food The Dirty Gourmet authors were recently featured in Sunset magazine and other national media "Dirty Gourmet" is really a lifestyle, one that celebrates delicious food, warm company, and outdoor fun. It emerged as a website and blog when friends Aimee Trudeau, Emily Nielson, and Mai-Yan Kwan joined forces to share their

love of wilderness, outdoor education experiences, and knowledge of backcountry cooking through classes, workshops, catering events, and easy yet exciting recipes. Now, their new book, *Dirty Gourmet: Food for Your Outdoor Adventures*, extends their mission to get more people to eat well outdoors and have fun doing it! It emphasizes healthy eating with fresh ingredients, efficient techniques, and global flavors. Breakfast, trail meals, sweet and savory snacks, dinners, appetizers, side dishes, desserts, even refreshing camp drinks—it ' s all here! Camp cooks can choose recipes based on the type of activity they are pursuing—from picnics, day hikes, and car camping to backcountry adventures by foot, bike, or paddle—as well as find recipes perfect for large groups. Recipes are organized by activity: Car campers can relax around the fire with Ember Roasted Baba Ghanoush and Mason Jar Sangria before diving into One Pot Pasta Puttanesca and Grilled Green Bean Salad, with Maple Syrup Dumplings for dessert. Day hikers will want to take a break on the trail with Spicy Tofu Jerky and Curried Chickpea Salad or maybe a Pressed Sandwich with Sundried Tomato Pesto. Backpackers can start their day with Fried Grits Scramble with Greens, Leeks, and Bacon and recharge in the evening with Soba Noodles with Sweet Chili Chicken and a Hibiscus Chia Cooler. To simplify packing and planning, each section offers a base kit checklist of needed supplies along with tips on getting organized, preparing ingredients, and cooking with different methods. Complemented by full-color photos, each recipe features insights from the authors, any additional tools needed, quick-reference icons, step-by-step instructions for what to prepare at home and in camp, plus creative variations.